Healthy Teen Network

Standing Strong and Keeping Youth at the Center
39th Annual National Conference

Hyatt Regency Mission Bay Spa and Marina • San Diego
October 22-24, 2018
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Administrative & Executive Coordinator, Finance & Operations

Allison Tomai Felsen
Manager, Communications
Friends:

Welcome to Healthy Teen Network’s 39th annual national conference, *Standing Strong and Keeping Youth at The Center*. As always, we are grateful for your participation, and we have worked hard to ensure a program that addresses this year’s incredibly important theme. Really, this year’s theme is two-fold: #StandingStrong has been Healthy Teen Network’s rallying cry, as we took on the harmful decisions made by this administration. Our decision to become part of the first round of litigants challenging the legality of the unlawful termination of the Teen Pregnancy Prevention Fund helped result in another year of funding for all grantees, thus allowing our collective good work to continue. Keeping youth at the center should be our daily motto, if we are to truly address the needs of the teens and young adults we profess to serve. Thinking about the young people being hurt by this administration, and not our bottom line, is what motivated us to do what seemed right in spite of the risks.

So for the next few days, we hope you will engage in all that we offer to help you stand strong and keep youth at the center, such as the #HealthyTeen18 Design Challenge which engages youth and professionals to think creatively about an important aspect of healthy sexual development—pleasure! We hope you are able to attend all activities, including our welcome reception Monday evening with performances by the UCLA Sex Squad, through our ending plenary session Wednesday afternoon to participate in a discussion led by Ashanti Branch and a group of young men about how we can forge more authentic relationships with young people.

So take the time to enjoy this beautiful setting. Connect with new and reconnect with old colleagues. And we invite you to also adopt #StandingStrong as your rallying cry and ask you to vow to always keep youth at the center.

Enjoy!

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It is with deep gratitude for her leadership that we say good-bye to Pat Paluzzi, after 15 successful years as President and CEO. Pat has served as the visionary leader for Healthy Teen Network since 2003, building momentum for inclusive, innovative, and integrated adolescent sexual and reproductive health care and services. Please join us in congratulating Pat for her achievements and celebrating her retirement decision, as well as supporting and welcoming Janet Max as she steps in as Acting President and CEO.

Nadine Finigan-Carr, Board Chair
Hello, Member.

Membership has its benefits, and you, as part of your conference registration, are now a Healthy Teen Network Member! Benefits include:

- Free resources and tools;
- Reduced rates for training and technical assistance;
- Public policy alerts;
- Weekly egram with the latest news, resources, and funding opportunities;
- And more!

We’re here for you.

Reach out today to let us know how we can support your work!

You name it, we do it—workshops, trainings, technical assistance, coaching, curricula training, resource and tool development, elearning, site monitoring, project management, evaluation support, keynote addresses, expert panels, strategic planning, and so much more. Reach out and tell us how we can support you.

CapacityBuilding@HealthyTeenNetwork.org
NEW FROM THE CENTER OF EVIDENCE AND INNOVATION!

We’ve got the training and resources you need to provide quality sex ed! Check out our latest free elearning resources:

• The Teacher’s Guide to Sex Ed
• Unlocking the Secrets of Classroom Management
• Evidence-Based Interventions
• Building Support for Sex Education in Schools: Communications & Messaging Strategies
• Privacy and Confidentiality for Adolescents Accessing Sexual & Reproductive Health Care
• Serving Everyone: Providing Sexual & Reproductive Health Services to LGBTQ+ Youth

HealthyTeenNetwork.org/Evidence-Innovation
AGENDA
AT-A-GLANCE
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<thead>
<tr>
<th><strong>MONDAY</strong></th>
<th><strong>TUESDAY</strong></th>
<th><strong>WEDNESDAY</strong></th>
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<tbody>
<tr>
<td><strong>7:00</strong></td>
<td>7:00 — 8:00 Breakfast Bayview Terrace</td>
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<tr>
<td><strong>8:00</strong></td>
<td>7:00 — 8:00 Breakfast (Full-Day Pre-Con only)</td>
<td>8:00 — 9:15 Opening Keynote: Youth-Centered Health Design Bayview Ballroom</td>
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<td><strong>9:00</strong></td>
<td>9:00 — 4:00 Full-Day Pre-Conference Institutes</td>
<td>9:30 — 10:30 Session 1: Roundtables</td>
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<td><strong>10:00</strong></td>
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<td>10:45 — 11:45 Session 2: Posters Regatta Pavilion</td>
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<td><strong>12:00</strong></td>
<td>12:00 — 1:00 Lunch (Full-Day Pre-Con only)</td>
<td>12:00 — 1:30 Awards Luncheon Bayview Ballroom</td>
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<td><strong>1:00</strong></td>
<td>1:00 — 4:00 Half-Day Pre-Conference Institutes and Design Challenge Workshop</td>
<td>1:45 — 3:15 Session 3: Workshops</td>
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<td><strong>3:00</strong></td>
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<td>3:30 — 5:00 Session 4: Workshops</td>
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<td><strong>5:00</strong></td>
<td>5:00 — 6:00 Conference Kickoff: UCLA Sex Squad Bayview Ballroom</td>
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<td><strong>6:00</strong></td>
<td>6:00 — 7:30 Networking Reception Banyan Court &amp; Lawn</td>
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Upon arrival, please register at the Registration Desk in the Bayview Ballroom Foyer on Sunday 3:30 — 5:30; Monday, 8:30 — 12:00 and 1:00 — 6:00; Tuesday, 7:00 — 11:45 and 1:30 — 5:30; and Wednesday, 7:30 — 12:00 and 1:15 — 5:00.

Join us in the Exhibit Hall in the Regatta Pavilion during conference breaks for coffee, tea, and beverages: Tuesday at 9:15, 10:30, 11:45, 1:30, and 3:15; Wednesday at 8:45, 10:30, and 2:45.
EXHIBITS
AND THE LAY OF THE LAND

Exhibitors
Adolescent Health Initiative
Children’s Home Society of North Carolina
The Dibble Institute
Essential Access Health
EyesOpenIowa
Free the Pill - Ibis Reproductive Health
Healthy Futures
Healthy Teen Network
Kid Activism, a project by @KidActivist
Love146
New Journey Press
Nurse-Family Partnership
Planned Parenthood Federation of America
Planned Parenthood of the Rocky Mountains
A Positive Approach to Teen Health [PATH, Inc.]
Positive Prevention PLUS
SIECUS
Teen Outreach Pregnancy Services
Wondrous Vulva Puppets
Wyman Center, Inc.

Loyalty Card
Get your loyalty card punched by all exhibitors & use the #HealthyTeen18 hashtag with your conference-related posts on your Twitter, Facebook, & Instagram for a chance to win prizes!

@HealthyTeen
@HealthyTeenNetwork
@HealthyTeenNetwork

Four Steps to Wi-Fi
1. View available WiFi Networks on your device
2. Click on @Hyatt_Meetings
3. Open your Browser
4. Enter Access Code healthyteen18
AWARDS

The Dream Team: Rachel Miller, Tara Beeston, & Chrissy Cmorik

Rachel Miller, MEd, manages the San Diego Unified School District’s Sexual Health Education Program. In this role, she oversees classroom-based sexual health education and teacher trainings, facilitates safe campus climates, and provides support for students seeking sexual health services. Since January 2016, Rachel has collaborated with numerous district and community partners to successfully implement the requirements of the California Healthy Youth Act within her district in grades 6-12. She has also advised and assisted numerous other districts in San Diego County and across California on implementing this supportive law.

As STD Prevention Program Manager for the County of San Diego’s HIV, STD and Hepatitis Branch of Public Health Services, Tara Beeston, MPH, coordinates and oversees numerous state-funded programs to increase awareness of STD prevention and promote sexual health among San Diego’s 3.3 million residents. Tara is passionate about providing comprehensive, approachable, and non-judgmental sexual health education to diverse audiences and works within schools, community-based organizations, and health centers to initiate and support efforts to improve sexual health outcomes. For the past five years, Tara has worked closely with the California Department of Education and the California Department of Public Health to provide guidance and training to San Diego County school districts supporting their delivery of comprehensive sexual health education to all their students.

Chrissy Cmorik is the Education Manager for the Planned Parenthood of the Pacific Southwest’s Community Engagement Department. Her role includes providing professional trainings, managing programs, facilitating a group for young mothers, developing presentations, and providing quality assurance. Chrissy has worked on several agency initiatives, including integrating better screening and support for survivors of violence and the use of technology to reach young people. Chrissy has also volunteered at The Center for Community Solutions since 2004 as a Sexual Assault Counselor, where she provides hospital accompaniment, resources, and support to survivors of sexual assault.

Nelly Vianna
Youth 360° Innovation Award

Nelly is a 12-year-old activist and aspiring product designer. She is the creator of KidActivism.com, an educational platform for young activists and their allies. After years of being the only child in the room, Nelly was inspired to ensure the future is designed in collaboration with more young activists like her. Today, she also helps design inclusive mobile games for kids with empowering storylines. During her free time, she likes to draw, make slime, eat pocky, and find creative ways to escape chores. Provides hospital accompaniment, resources, and support to survivors of sexual assault.
Miki Rutledge
Outstanding Former Teen Parent Award

Miki Rutledge has been the Maternity Group Home Specialist at Project Oz in Bloomington, Illinois, since 2015, serving 18-23 year-old mothers experiencing homelessness. Her role in the transitional housing program provides opportunities for pregnant and parenting youth to reach their full potential by becoming increasingly self-sufficient through individual and group case management. Miki first began her professional career as a high school teacher and later found her passion to empower and connect with youth through human services. She has worked with low income, at-risk youth for over 10 years and has developed a strong network of supportive community partners. Miki’s passion for making a difference in the lives of teen moms stems from her personal experiences, and she continues leading by example while raising her daughter, a 19 year-old college student athlete.

Assembly Member Shirley Nash Weber
Spirit of Service Award

Assembly Member Shirley Nash Weber was elected in November of 2012 to represent California’s 79th Assembly District. Born to sharecroppers of Hope, Arkansas, Shirley Weber has lived in California since the age of 3, and in the 79th Assembly District for over 30 years. Assembly Member Weber chairs the Assembly Budget Subcommittee on Public Safety, and she also serves as a member of the Assembly Standing Committees on Education, Higher Education, Elections, Budget, and Banking and Finance. Prior to being elected to the Assembly, she served as the mayor’s appointee and Chair on the Citizens’ Equal Opportunity Commission, as well as on the Board of the NAACP, YWCA, YMCA Scholarship Committee, Battered Women Services, United Way, San Diego Consortium and Private Industry Council, and many more. As a board member, and subsequent board president, she has become known for her advocacy for closing the achievement gap and a higher standard of excellence for all children.

Karin Coyle
Douglas B. Kirby Researcher of the Year Award

Karin Coyle, PhD, is Chief Science Officer at ETR. Dr. Coyle has been instrumental in shaping and improving research and learning in adolescent sexual health for over 25 years. She has focused on developing and studying health promotion programs for youth in and outside of school from communities with extreme inequities, and she uses technology-enhanced approaches for influencing behavior change. Her primary area of research centers on promoting sexual health and healthy romantic relationships, and addressing disparities in HIV, other sexually transmitted diseases, and teen pregnancy. She has served as lead program developer on multiple large school-based randomized trials, yielding evidence-based programs such as Safer Choices, Draw the Line/Respect the Line, All4You!, and All4You2! Dr. Coyle is enthusiastic about strengthening sexual health education programs through new research (e.g., applying developmental neuroscience to sexual health education and examining implementation issues) and instructional approaches (e.g., using technology with traditional approaches) by making programs more inclusive, salient, and acceptable for all young people. She is dedicated to applying a health equity framework to intervention work for greater impact, recognizing that health and education outcomes are influenced by complex interactions between people and their environment. Her current research centers on exploring ways to support healthy romantic relationships for adolescents—from developing and maintaining healthy relationships to navigating relationship break-ups. As a part of ETR’s leadership team, Dr. Coyle works to ensure that science is foundational across ETR’s products and services.
Pre-Conference Institutes (Pre-Cons) will be held Monday, October 22. These sessions are not included in the price of regular conference registration. The fee to attend a Full-Day Pre-Conference Institute is $189 and includes breakfast and lunch. The fee for the Half-Day Pre-Conference Institutes is $89.

Professional Gaming: Using Games in Professional Development
Alexandra Eisler (Healthy Teen Network)
Mariner Point
There are so many ways to build a training (online or in-person), it can be easy to stick to tried and true activities like large group discussions, videos, brainstorming, or gallery walks. And all of these have purpose and merit, but building interactive games for individuals and groups can be an overlooked way to engage participants, promote teamwork, and encourage learning in a way that feels [almost] effortless. The trick is to apply gaming techniques that create a fun and challenging environment. During this session, participants will review critical elements of games, review examples of games used in professional development contexts, and begin plans for transforming their training content into games.

Foundations Training: Core Skills in Sex Ed
Jeffrey M. Gould (Cardea)
Palm II
Facilitating sex education effectively requires unique skills to create safe and supportive environments and promote student learning. Teachers and facilitators often receive limited training in these necessary core skills. Foundations: Core Skills Training for Sex Ed is a one-day training that addresses the skills foundational to effective sex education. These "core skills" include effective climate setting in the classroom, understanding state and local sex education policies, experiential learning as a pedagogical approach, values exploration, managing self-disclosure, and responding to challenging questions and comments. The Foundations Training is a national training model that is currently facilitated by a cadre of skilled trainers in partnership with community-based organizations in over 12 states. If you are currently teaching or planning to teach sex education in your schools or communities, this training is for you.

Hanging Out or Hooking Up: Preventing and Responding to Adolescent Relationship Abuse
Virginia Duplessis (Futures Without Violence)
Palm I
Teens experiencing relationship abuse are more likely to report negative educational outcomes, unhealthy dieting behaviors, having suicidal thoughts, and engage in substance abuse. Given these sobering facts, adolescent relationship abuse is a major health concern facing teens today, and providers have a unique role to play in preventing it. Not only can providers provide valuable anticipatory guidance to help youth build healthy relationships and culture, they are also uniquely positioned to compassionately and effectively help those exposed to abuse access the resources they need. This session will provide participants with evidence-based strategies to provide universal education on safe, consensual, and healthy relationships, as well as models for trauma-informed responses to disclosure of violence and abuse.
A new KIDS COUNT policy report, *Opening Doors for Young Parents*, examines the challenges that young adult parents encounter. . .

learn more at www.aecf.org
#HEALTHYTEEN18 DESIGN CHALLENGE
HOW MIGHT WE CENTER PLEASURE IN ADOLESCENT SEX ED TO FOSTER AUTHENTIC CONVERSATIONS ABOUT SEXUALITY AND PROMOTE POSITIVE SEXUAL EXPERIENCES?

Against the backdrop of continued attacks on sex education, Healthy Teen Network, in partnership with youth+tech+health (YTH), calls for a new commitment to sex positivity. At the #HealthyTeen18 Design Challenge, creators and practitioners, educators and students, advocates and youth alike from across the United States have come together to answer this question, diving into an immersive, design school-inspired process that is at once challenging, rewarding, and exhilarating.

**Monday, 10/22 1:00 - 4:00 PM**

**An Introduction to Human Centered Design**

Bhupendra Sheoran and Laiah Idelson (YTH), and Nick Sufrinko, Milagros Garrido, and Gina Desiderio (Healthy Teen Network)

**Belmont**

Learn the basics of Human Centered Design. Gain concrete skills in the ideation and synthesis phases to begin your design challenge process. The goal of this workshop is to introduce you to the mindsets and methods of human-centered design as your teams join the Design Challenge. (Attendance is limited to Design Challenge participants.)

**Tuesday, 10/23 9:30 - 11:30 AM**

**Prototyping Ideas with Human Centered Design**

Bhupendra Sheoran and Laiah Idelson (YTH), and Nick Sufrinko, Milagros Garrido, and Gina Desiderio (Healthy Teen Network)

**Belmont**

Learn how to prototype, or quickly test and refine, your ideas to gain rapid and immediate feedback before taking your idea to scale. The goal of this workshop is to introduce you to the next steps of the human centered design process as you take your idea forward for the Design Challenge. (Attendance is limited to Design Challenge participants.)

**Wednesday, 10/24 10:45 AM - 12:00 PM**

**#HealthyTeen18 Design Challenge Pitches, Judging, and Awards**

**Bayview Ballroom**

In a general session for all conference attendees, selected Design Challenge Teams will have 5 minutes to pitch their ideas to a panel of judges. After the pitches, the judges will select the winner and the runner-up and present the award. (This is a general session for all conference attendees.)
**ForePlay with the UCLA Sex Squad: Using the Arts for Inclusive Sex-Education**

UCLA Sex Squad, Veline Mojarro, and Bobby Gordon
(UCLA Art & Global Health Center)

**Keynote on Monday, 10/22, 5:00-6:00 PM**
Bayview Ballroom

This presentation will serve as an experiential and theatrical introduction to the AMP! Model—an arts-based, youth-driven approach to sexual health education that uses humor, storytelling, and theater to facilitate dialogue with adolescents. In its ninth year, the AMP! program operates in California at the University of California, Los Angeles and at the Los Angeles Unified School District. AMP! also operates in North Carolina at UNC-Chapel Hill, Duke University, North Carolina Central University, and newly at UNC-Asheville.

After this presentation, participants will understand how arts-based pedagogies are particularly powerful tools for keeping youth at the center of sexual health education, as well as how to integrate digital and arts-based sexual health pedagogy in their classroom to facilitate expressive and inclusive dialogue about urgent health topics. The presentation will include live theatrical pieces created by UCLA Sex Squad members, as well as interactive engagement with the audience.

**Youth-Centered Health Design: Harnessing the Power of Community Creativity and Wisdom**

Bhupendra Sheoran (YTH)

**Keynote on Tuesday, 10/23, 8:00-9:15 AM**
Bayview Ballroom

Innovation is a critical component of a comprehensive strategy to respond to the dynamic lives of adolescents and young adults. But how do we do it? And how do we do it well? And center youth? Youth-centered health design, or co-designing innovative interventions with youth, is an incredible tool with much potential to improve adolescent reproductive health. To do all this, though, we as professionals must ask ourselves, how can we integrate empathy at the front-end of the design process with emerging technologies to be truly innovative and reach adolescents where they live, learn, and play? Because in doing so, we can harness the power of community creativity and wisdom to improve outcomes for all young people.
Morning Sex: Waking Up to a New Day in Sex Ed
Healthy Teen Network
Wednesday, 10/24, 8:00-8:45 AM
Bayview Ballroom
Healthy Teen Network will share evaluation findings for Crush, the first and only smartphone-based digital tool proven effective at increasing young women's sense of control to make decisions regarding their sexual behavior. Crush is now available for immediate access, in English and Spanish (MyCrush.org and MiCrush.org). Developed by Healthy Teen Network with partner MetaMedia Training International, Inc., Crush is sex ed for real life. Crush shares sexual health information with adolescent women—anywhere, anytime. Crush offers culturally and age appropriate text, animation, video, quizzes, interactive graphics, and calendar and clinic locator tools to educate users about birth control, healthy relationships, sexual health and anatomy, pregnancy, and clinical services.

Healthy Teen Network will highlight its latest capacity-building resource, the Center for Evidence and Innovation. Research tells us that professionals who receive support—such as training, technical assistance, elearning, continuing education opportunities, networking and access to colleagues doing similar work—are better able to do their jobs. The Center provides critical trainings and resources to ensure our nation's young people continue to receive quality sex education and access to services and are empowered to lead healthy sexual lives.

#HealthyTeen2018 Design Challenge Pitches, Judging, and Awards
Wednesday, 10/24, 10:45 AM – 12:00 PM
Bayview Ballroom
In a general session for all conference attendees, selected Design Challenge Teams will have 5 minutes to pitch their ideas to a panel of judges. After the pitches, the judges will select the winner and the runner-up and present the award.

UnMasking Successful Youth-Adult Relationships
Ashanti Branch (The Ever Forward Club)
Wednesday, 10/24, 3:00-4:30 PM
Bayview Ballroom
The final plenary of the 2018 conference, "UnMasking Successful Youth-Adult Relationships," will be a highly experiential session for individuals and teams to engage in an uncommonly open, honest dialogue within a safe space. Recognizing that each person has a set of shared human needs—support, expression, recognition, meaning, and connection—you will learn why it is essential to close the gap between who we are on the inside and who we show up as at work. Learn from a leader in this arena, Ashanti Branch, Founder and Executive Director of Ever Forward Club, and from the real experts—youth—how you can engage authentically to create more meaningful connections, healthier communication, deeper engagement, and, ultimately, more powerful results.

Pictured (Top L to R): Bhupendra Sheoran, Keynote; Ashanti Branch; UCLA Sex Squad, Keynote.
The Texas Campaign’s 8th Annual Symposium

FORGING AHEAD: THE CHALLENGE OF CHANGE

April 15-16, 2019
Austin, Texas

www.TXSYMPOSIUM.ORG
Be Prepared Period helps women & girls to go with their flow by providing menstrual support, from puberty to menopause. Our First Period Kit and Period 2 Go Kits are designed to help girls navigate this time with ease and empowerment. Visit our site and browse our library of free resources meant to educate and inform, and help ladies everywhere take charge of their health.

**RESOURCES WE OFFER**

- Extensive library of free period + wellness guides
- Feminine CARE Donation Program
- TSS, Endometriosis, PCOS, PMDD, + PMS resources
- The Healthy Hygiene Project: resources designed for educators
- #periodtalk forum, first period stories, + Q&A
- Period and women’s health quizzes, + downloadable guides

**HOW CAN WE HELP YOU + THE LADIES YOU SUPPORT? LET’S CONNECT!**

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Share to win! Let us know what's going on in your sessions, tell us about your San Diego adventures, and network with colleagues. Use #HealthyTeen18 and tag us on Twitter, Facebook, or Instagram for a chance to win prizes!
Introducing Crush...

The first and only smartphone-based tool proven effective at increasing young women’s sense of control to make decisions regarding their sexual behavior.

Young women who use Crush:
• Are more likely to use health clinics
• Have more positive attitudes toward using birth control
• Are more likely to feel in control of using birth control

Crush.HealthyTeenNetwork.org

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YTH Live 2019 will showcase the brightest minds and cutting edge research in topics ranging from sexual and reproductive health to mental health and digital rights. Whether you are an Executive Director, direct service provider, developer, IT professional, or even a high school student, YTH Live can help you learn about the latest trends in health, innovation, and technology.

May 5-6, 2019 | San Francisco
ythlive.org
Conference roundtables, posters, and workshops are scheduled as followed and organized by tracks.

**Session 1: Roundtables**

**Session 2: Posters**

**Session 3: Workshops**

**Session 4: Workshops**

**Session 5: Workshops**

**Session 6: Workshops**

**Advocacy & Social Change.** Supporting the health and well-being of adolescents goes beyond the clinic and classroom. Support belongs in the streets as well as legislative chambers across the country. Sessions in this track will spotlight ways in which advocacy, messaging, and social change are inextricably linked and impact our field and the lives of young people. Learn more about how our words and actions are proof that we will stand strong and keep youth at the center of our work.

**Foundations of Practice.** Sessions in this track will provide youth-supporting professionals—those who work with adolescents, young adults, and young people who are pregnant or parenting, and their families—the opportunity to learn essential content and skills to improve their practice. By laying a solid foundation of knowledge and skills, and by having support from veterans in the field, professionals attending sessions in this track receive the high-quality professional development critical to nurturing the future leaders of our field.

**Innovation.** Conference sessions in this track will feature cutting-edge programs, strategies, interventions, and research that demonstrate ingenuity, spark intrigue, and provide a glimpse into how the field of adolescent sexual and reproductive health continues to explore unique approaches to increasing the health and well-being of adolescents, including young people who are pregnant/parenting and their families. Innovation often offers the opportunity to incorporate context, culture, and youth-centered approaches into programs and services. The Innovation Track encourages attendees to consider how to integrate innovation into their current efforts and improve outcomes.

**Research to Practice.** Practitioners can improve their practice by staying current on relevant research in their field and about populations and areas of interest. Sessions in this track will expand knowledge of programs, strategies, interventions, and research—old and new—that are proven effective. Attendees will get an up-close look at these approaches, including any supporting materials, and learn how these approaches are implemented in practice.

**Sustainability.** No longer considered a buzzword, sustainability is here to stay. Whether you are looking at program sustainability, organizational sustainability, or the sustainability of our field—and the professionals who make up our field—we can no longer dismiss the value of a well-thought-out sustainability plan and execution of that plan. The Sustainability Track will offer you the chance to start, expand, and/or refine how you think about the future of your work.
SESSION 1
TUESDAY, 9:30-10:30 AM

Supporting Staff When the Well Is Dry
Liza Bley (Planned Parenthood of the Rocky Mountains)
Palm I

What can managers do to develop staff competency and create a positive work environment when there’s no budget? Nonprofit staff are rarely paid wages that reflect the high emotional and physical toll these jobs can have. Despite being advocates, managers often don’t have control over the salaries of their staff. Additionally, managers receive little guidance on the best way to support staff so they stay engaged and fulfilled on the job. This support can be an additional form of compensation, such as offering professional mentorship for advancement. Participants will discuss management strategies to embrace staff’s passions and create a valuable work experience.

The Power of Learning from the People We Serve: Implementing Feedback Loops
Alexa Cares (Nurse-Family Partnership) and Valerie Threlfall (Fund for Shared Insight)
Bayview I

Session participants will engage in facilitated discussion about the importance of putting youth voice at the center of program delivery by implementing feedback loops. They will hear from Nurse-Family Partnership (NFP), a community health program that helps transform the lives of vulnerable first-time young moms and their babies. NFP will describe their experiences with the Listen for Good grant to create effective feedback loops to prioritize youth voice. Participants will also hear from the Fund for Shared Insight about a growing movement to respond to the voices, perspectives, and preferences of the people whom organizations ultimately seek to help.

The Power of Youth: Reflecting Youth Voices in Prevention Programming
Aria Flood (Love146)
Bayview III

Despite agreement that youth voice is a critical element of effective prevention programming, it is often difficult to know where to begin or how to integrate their voices with the messages we are trying to relay. Utilizing lessons learned through working with at-risk youth and confirmed survivors of child trafficking, the facilitators will guide a discussion of strategies to enhance the voice of youth in program implementation. This interactive learning forum will provide participants with an opportunity to engage with their peers and discuss effective practices they employ to amplify youth voices in their work.
Supporting School Districts in the Implementation of Sexual Health Education
Jeffrey Gould (Cardea Services)

Mariner Point
This presentation is intended for participants who are interested in working with school districts and communities to support the implementation of comprehensive sexual health education. Using the WISE Toolkit and “WISE Method” as a foundation, the presenter will share strategies to assess school districts’ capacity, develop work plans, and partner with districts in the implementation and institutionalization of Sexual Health Education. The presenter will also share the experiences and resources developed by Cardea Services in supporting school districts through administration-level networks, parent support and education, training, and direct technical assistance.

Promising Practices and Lessons Learned in Collaborating with Partners
Tonya Johnson and Denise Parker (Baltimore City Health Department)
Crown Point
This roundtable session will hone in on best practices used when creating the most successful evidence-based programming while collaborating with partners. Bring your questions, challenges, and lessons learned in nurturing relationships and maintaining partnerships when collaborating.

Thinking Outside the Dichotomy: It’s More Than Evidence or Abstinence
Abi Karlin-Resnick and Jennifer Rogers (Health Connected)
Foundations of Practice
Mission II
Today, evidence-based sexual health research is being called into question, and even attacked. Perhaps this is the perfect time for us, as experts, to reassess how we frame our critical work. We challenge participants to reconsider how we frame our work in the adolescent sexual health field and how we communicate that at the local, state, and national levels. This is a chance to discuss how to expand our thinking, research, and practice, moving away from the current status quo of evidence-based comprehensive sex ed vs. abstinence-only sexual risk avoidance to gain traction in a changing political climate.

Don’t Talk At Me, Talk With Me: Training Parents to Become Role Models for Youth
Vanessa Mejla (Diaspora Community Services)
Mission III
In general, parental involvement is a continuous task educators approach with difficulty. Coaching parents in sexuality and parent-child communication is essential in keeping youth at the center when conferring positive youth development and their futures. During this roundtable, we will discuss how parents can keep youth at the center of their dialogues in reducing high-risk behaviors in marginalized communities. Participants will learn how to retain parents, train them as role models, and normalize the conversation so that parents can empower youth to make proud and responsible choices relating to sexuality and pregnancy prevention.

Exploring Intentional vs. Unintentional Rapid Repeat Pregnancy in Teen Mothers
Laura Pedersen (Teen Outreach Pregnancy Services)
Palm II
This roundtable offers participants an opportunity to examine and discuss the effectiveness of a program designed to reduce risk for rapid repeat pregnancy among teen mothers. Our study compared repeat birth outcomes for 146 Personal Success Path participants and a comparison sample of 1465 teen mothers drawn from state vital statistics records. The Personal Success Path program engaged young mothers during their first pregnancy and provided case management, curriculum, home visits, breastfeeding support, and contraception support through the child’s first year. Results indicated that Personal Success Path participants had a lower rate of repeat pregnancy than the community sample.

Sexuality Education Programs in Systems of Care
Nadine Finigan-Carr (University of Maryland School of Social Work) and Deborah Chilcoat (Healthy Teen Network)
Mission I
Want to talk with your colleagues about implementing sexuality education programs such as Power Through Choices in systems of care? Join us! Are you already working with youth in systems? Share your experiences with us! Feel like you are the only one who “gets it” when it comes to working with youth in child welfare and juvenile justice—and the adults who support them? Commune with us!
SESSION 2
TUESDAY, 10:45-11:45

Join us in the Regatta Pavilion for the following poster sessions:

**Sex Ed Goes High Tech: Findings from an RCT Evaluation of the Pulse App**
Jennifer Manlove, Elizabeth Cook, Brooke Whitfield, and Makedah Johnson (Child Trends) and Milagros Garrido, Nick Sufrinko, and Genevieve Martinez (Healthy Teen Network)

Pulse is a promising digital intervention that delivers sexual health information to 18-20 year old women. Find out how we designed and delivered an “online-only” randomized controlled trial, who enrolled, and how Pulse impacted the participants.

**College Strategies: Building Strong Relationships with College Students and Campus Faculty to Eliminate the College Retention Barrier of Unplanned Pregnancy**
Shelley Francis Travis and Phillip Oliver (Georgia Campaign for Adolescent Power & Potential (GCAPP))

In Georgia, 73% of teen births occur among 18-19 year olds. To address this urgent issue, GCAPP created a program called Peer Education and Encouragement to Reduce Unintended Pregnancy (PEER UP) with the purpose of recruiting college students to serve as peer educators on college campuses. PEER UP also aims to partner with campus faculty to implement three online lessons geared toward unintended pregnancy and contraception. Attendees will identify strategies for implementing an unintended pregnancy prevention program at a local college or university and list strategies for engaging and partnering with school leadership to implement sexual health programs.

**Equipping youth to succeed: Power Through Choices**
Deborah Chilcoat, Nicholas Sufrinko, Milagros Garrido (Healthy Teen Network)

Comprehensive? Check! Trauma informed? Check! Evidence-based? Check! Join Healthy Teen Network to see the results of the evaluation study of Power Through Choices and see if this intervention checks all your boxes, too!

**Linking Families & Teens (LiFT): Strengthening Family Connection in Rural Communities to Support Positive Outcomes for Youth**
Meagan Niebler (Planned Parenthood of the Great Northwest and Hawaiian Islands)

Strong connection between youth and their parenting adult is a superpower that helps teens succeed. This poster will share information about Linking Families and Teens, (LiFT) a family connection program that builds connection and improves quantity and quality of conversations about tough topics between adolescents and parent/caregivers in rural communities.
We will share data from the LiFT randomized control trial, including baseline data about the current state of family connection in rural communities. We will also present preliminary findings, which suggest that family interventions can have a positive impact on communication and pregnancy prevention.

**Evidence of Impact: School-Based Health Resource Centers and Adolescent Sexual and Reproductive Health**

Meghan Rich (AccessMatters)

Controversy around sexuality has long inhibited the implementation of sexual and reproductive health (SRH) services in school-based health centers. The Health Resource Center (HRC) Program is an exception, providing SRH education, counseling, preventive services, and family planning linkages to Philadelphia public school students in neighborhoods that report high rates of youth pregnancy and STIs. In a political climate that has become even more hostile to adolescent sexuality, evaluating and arguing for youth SRH programs is more important than ever. This project provides the first robust evidence of HRC impact on SRH, and demonstrates innovative, replicable techniques for impact analysis.

**Positive and Authentic Youth Engagement: Lessons from Replicating a Community-Based, Youth-Driven Program in Various Communities Nationwide**

Leen Bnyat (Providers and Teens Communicating for Health [PATCH] Program)

Since being awarded a one-time $10,000 grant in 2010, the Providers and Teens Communicating for Health [PATCH] Program has grown and evolved from a single community quality improvement effort to a multi-site, evidence-based program. Staff have been intentional about the program’s expansion by piloting and replicating core aspects in various communities across Wisconsin over the past few years. Participants will get an up-close look at the program’s model and core components that have been shown effective in changing the way communities approach adolescent health efforts, and the various ways they have been implemented in practice.

**Exploring Intentional vs. Unintentional Rapid Repeat Pregnancy in Teen Mothers**

Laura Pedersen (Teen Outreach Pregnancy Services)

This poster offers participants an opportunity to examine and discuss the effectiveness of a program designed to reduce risk for rapid repeat pregnancy among teen mothers. Our study compared repeat birth outcomes for 146 Personal Success Path participants and a comparison sample of 1465 teen mothers drawn from state vital statistics records. The Personal Success Path program engaged young mothers during their first pregnancy and provided case management, curriculum, home visits, breastfeeding support, and contraception support through the child’s first year. Results indicated that Personal Success Path participants had a lower rate of repeat pregnancy than the community sample.

**Procured to Protect and Serve: The Implications of Poor Policing Policies and Perceptions on Black Adolescents**

Amber M. Williams and Crystal Navarro (University of Southern California)

Poor police relations within black communities have led to negative mental health indicators among black youth and their families. Parental apprehension of police encounters with their adolescent children may produce an inherent distrust and anxiety among black parents. Thus, the present study aims to explore the relationship between adult’s perceptions of the police’s interaction with youth, mental health, and trust of police. Data are from 865 black adults in four major urban cities throughout the northeast. Forthcoming results will be among the first to explore these associations and will provide implications for racial socialization strategies specific to policing.

**Parents’ Perceptions of the Role of the Black Church in Preventing Teen Pregnancy**

LaNita Harris (University of Central Oklahoma)

This poster details a qualitative study that identified parents’ opinions of the Black Church’s role in preventing teen pregnancy and promoting healthy teen relationships. Parent members (n=36) of 27 predominately black churches in two southwestern US cities participated in semi-structured interviews. Questions focused on knowledge/beliefs about sexuality education, the church’s role in preventing teen pregnancy, and implementation obstacles. Five themes were identified, which included boundaries, most important topics, and supporters/barriers to implementation. Practitioners and researchers will be able to discuss these themes and future implications with the primary researcher to assist with developing future studies and future programs with predominately black churches.
Obstacles to Sex-Positive Sex Education in Schools
Chloe Benson (University of Iowa)

This poster will present information based on peer-reviewed journal articles, which describe some of the obstacles and challenges involved with implementing sex-positive sex education in school settings. Some obstacles include lack of proper education and training for teachers, personality and personal values of the educators, assumed heteronormative teachings, lack of standard sex education expectations, and the limited amount of time dedicated to sex education, which should be considered a cross-curricula subject.

Barriers to Youth Access to Clinical Sexual Health Services Among Latina Adolescents: A Binational Comparison Study
Abigail Gutmann-Gonzalez (University of California San Francisco)

Adolescent pregnancy rates in Mexico remain one of the highest in the region and in the world. Similarly, Latinas have the highest rate of adolescent childbearing in California and face additional barriers to access sexual health services. Even when services are available, adolescents may feel embarrassed, face stigma on sexual matters, or have concerns about judgmental providers. This poster will compare barriers to accessing sexual health services as reported by female youth and adult providers participating in a binational qualitative study in Guanajuato, Mexico, and Fresno, California.

Preventing Intimate Partner Violence Among Teens Who Are Pregnant or Parenting: A Pilot Study
Judith Herrman

Teen mothers are at increased risk for intimate partner violence (IPV). No IPV prevention curriculum was found to meet the needs of young mothers. The purpose of this study was to adapt an evidence-based IPV prevention program to meet the unique needs of teen girls who are pregnant and parenting. Findings demonstrated positive outcomes and favorable responses to the adapted program. Results suggested that the adapted program promoted fidelity, was feasible to implement, and was acceptable to participants. Prevention of IPV in young mothers is a nursing and public health imperative.

Making the Digital Connection: Dissemination of the SafeTeens Answers! Health Textline
Jean Holmgren (Maternal and Family Health Services, Inc.)

“if you build it, they will come.” This old adage does not necessarily ring true in the age of information overload. This poster examines the promotion and dissemination of the SafeTeens Answers! textline across Pennsylvania. Session attendees will see a variety of tactics used to promote the textline, including social media advertising, internet radio, print materials, and more. Beyond the medium, the message used is also critical in getting youth to engage. Come learn what kinds of messages were the most impactful in driving users to the textline, how data drove the advertising campaigns, and the effect these campaigns had on the utilization of the textline.

The Future is Inclusive: Promising Results of an Innovative LGBTQ+ Sex Ed and Health Center Inclusivity Program
Anna Kashner (Planned Parenthood of the Great Northwest and Hawaiian Islands)

LGBTQ+ Sex Ed is direly needed, and now it’s here! The IN-clued Program supports LGBTQ+ youth in accessing the sexual and reproductive health services they need, by providing training to both youth and providers. IN-clued’s interactive activities provide youth the opportunity to increase self-efficacy in accessing services and communicating with providers. During the health center workshop, providers learn and rehearse best-practices for working with LGBTQ+ youth. Preliminary results from a randomized control trial, supported by the Office of Adolescent Health, show significant positive outcomes for those receiving the intervention in knowledge, comfort, and confidence compared to the control group.
ILLUMINATE YOUR DATA!

If you liked “Sex Ed Goes High Tech,” “Like, Tweets, and Hashtags,” and “Checking All the Boxes” at this morning’s poster session, you’ll love **Digital Studio**!

We research, develop, test, and implement behavior change campaigns leveraging technology and new media.

Intrigued? Grab coffee with Genevieve Martinez at the Healthy Teen Network TA Office Hours **Wednesday, 10/24, 8:00 — 9:00 AM** in the Bayview Ballroom or chat online at digitalstudio@healthyteennetwork.org.

Revamp your presentations with infographics and data visualization techniques!

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**National SexEd Conference**

**APRIL 3-6, 2019**

**NEWARK, NJ**

[SEXEDCONFERENCE.COM](http://SEXEDCONFERENCE.COM)
SESSION 3
TUESDAY, 1:30-3:15 PM

Queer Sex Ed: Combating HIV Transmission
Marcelino Alcorta and Danneth Corpuz (Vista Community Clinic)
Mission III
There is a hole in the education system faced by LGBTQ youth: LGBTQ-inclusivity in sexual health education. This session aims to advocate for LGBTQ-inclusivity by normalizing sexual minorities and acknowledging the sexual concerns of LGBTQ youth, especially when it comes to preventing STIs and HIV. Come learn why LGBTQ populations are at higher risk of HIV; how we use interactive techniques to engage queer youth in open dialogue regarding their bodies, sexual behavior, gender identity, sexual orientation, substance abuse, and violence, including sexual assault; and what resources you can use to minimize their risk while providing them with self-worth.

Digital Content That Works: How to Use Theory to Develop Innovative Digital Tools for Youth
Julia Bennett (Planned Parenthood Federation of America)
Palm II
We all want to effectively reach young people and help them lead their healthiest lives, and we know a great way to reach them is online. Too often we make digital programs that are based on what we know how to do or what we’ve heard is popular with young people, and create static content to put in front of them. This workshop will teach you how to use behavior change theory in the creation of digital tools that are engaging, interactive, innovative, and resonant with users. You’ll practice putting theory to work in your digital endeavors for more impact.

Countering the Myths that Sideline Supportive Sex Ed Policies
Jennifer Driver (The Sexuality Information and Education Council of the United States) and Jamie Keith (Alabama Campaign to Prevent Teen Pregnancy)
Mariner Point
We’ve all heard the statements “we can’t get sex education in our schools” or “the school board won’t budge.” Where did these statements originate and what’s driving them? This session will offer communication strategies and resources to address these narratives and develop supportive policies to advance sex education. Participants will examine their local or state sex ed policy while identifying concrete action steps to enhance these policies using the SIECUS-developed Gold, Silver, and Bronze model sex ed policy tool. Whether you’re in the most conservative climate or riding a blue wave, this session will provide participants a guide to develop and institute policies that affirms the rights of all young people to accurate and inclusive sex education.
See It! Do It!: Innovations in Skill Instruction for Sexual Health Educators
Brittany Lucas (dfusion)
Mission II
The presenter will share lessons learned about how remote online learning and video modeling can significantly improve sexual health educator knowledge and teaching skills while minimizing time, cost, and effort. They will address the pros and cons of innovative training methods as compared to the traditional face-to-face educator training methods, which are important for quality implementation and program sustainability. New trends in video and online training methods, findings from the literature and the field, and promising pilot data from a recent study will be shared.

Changing the Discourse: Gender Inclusive Sexual Health and Puberty Education
Joel Baum (Gender Spectrum)
Mission I
Accounting for the needs of all students, while also attending to specific challenges facing vulnerable transgender and non-binary students, this workshop will engage participants in an active discourse that builds their capacity to deliver truly inclusive health and puberty instruction. The session will introduce principles that frame health instruction in a fully gender-inclusive manner and provide tools for recognizing and affirming the gender diversity of all students in health education settings, with a focus on puberty and reproductive health. Research and rationale will be presented for addressing questions from teachers and parents/caregivers related to gender-inclusive language, mixed-gender instruction, and a variety of other “hot-button” issues.

Congratulations, Graduates! Partnering with School Systems to Improve Academic Success for Pregnant and Parenting Teens
Bea Moniz (San Diego County Health and Human Services, Nurse-Family Partnership), Ocean Berg (San Francisco Public Health Department, Nurse-Family Partnership), and Yolanda Cuevas (Los Angeles Unified School District, Nurse-Family Partnership)
Crown Point
This workshop will provide youth-supporting professionals essential skills, content, and tools to help enrolled teens achieve academic success. We’ll share how nurse home visitors advocate for pregnant and parenting students to support academic achievement. Los Angeles Unified School District’s Nurse-Family Partnership (NFP) will present a policy for pregnant and parenting teens that has resulted in impressive high school graduation rates. San Diego Inland and San Francisco County NFP agencies will provide their strategies to implement a high school credit program for education received in the program. A curriculum proposal with course descriptions and outcome evaluation tools will be provided.

It Takes a Village: Best Practices in Interdisciplinary Comprehensive Care to Promote Youth Empowerment
Phoebe Richman and Sara Armstrong (The Door - Adolescent Health Center)
Belmont
When youth seek out medical care, whether for routine preventive services, sexual and reproductive health, or acute needs, they present us with a chance to tap into the bigger picture of their lives and experiences. This deeper understanding can affect not only their immediate health outcomes, but also their wider functioning, and can give us an opportunity to connect them to external resources in our communities and beyond. This session will provide concrete skills in comprehensive engagement and assessment with vulnerable youth, as well as best practices for care coordination and connection to wraparound services.

Follow the (Youth) Leader: Reconsidering Meaningful Engagement and Youth Advisory Boards in Rural Communities
Lizzie Small (Planned Parenthood of the Rocky Mountains)
Palm I
Young people have much to say and more to contribute, but finding meaningful ways for their engagement has its challenges. This session is led by members of the Love is Advocacy youth advisory council to investigate questions posed by their experiences. Focusing on innovative approaches to youth-informed program design, this session utilizes 2017 data collected by the National Domestic Violence Hotline and Break the Cycle in a national survey of rural Office on Violence Against Women grantees’ services. Applications can be broadened to develop strategies that engage rural youth as collaborators in delivering sexual health education and health promotion campaigns.
SESSION 4

TUESDAY, 3:30-5:00

Supporting Young Families: Analyzing the Rights of Young People and Examining Stigma Associated with Young Families
Christy Cmorik (Planned Parenthood of the Pacific Southwest)
Mariner Point
Join Planned Parenthood of the Pacific Southwest for a workshop focusing on working with young parents around reproductive health, access, and life planning. This workshop will focus on reducing stigma associated with being a young parent and provide an overview of youth's reproductive health rights in California.

Teaching With the Adolescent Brain in Mind!
Judith Herrman
Belmont
Do you design teaching sessions for teens? Do you teach teens? Do you sometimes wonder if there are better ways? This session is designed to provide teachers and facilitators who work with teens critical information about adolescent brain development, teaching challenges, and teaching strategies. Participants will review the fundamentals of brain development, engage in active teaching strategies, and leave with portable strategies designed with the adolescent brain in mind!

Youth Explore Sexual Consent: Lessons Learned from a Youth Participatory Action Research Project at the New York City Department of Health & Mental Hygiene
Vivian Cortés and Molly Berman (New York City Department of Health and Mental Hygiene, New York City Teens Connection), Kayla Lewis and Mia Henniquez (Youth Leadership Team)
Palm II
The New York City Teens Connection (NYCTC) Youth Leadership Team (YLT), a group of teens 15-19 years old, was established to help inform, design, and promote awareness campaigns, educational materials, and community events for the New York City Department of Health & Mental Hygiene (NYC DOHMH). In 2017, our first youth participatory action research (YPAR) project was launched to understand how 13-19 year olds navigate communication around sexual consent. This research will inform a future public awareness campaign. Session participants will learn about YPAR, as well as the successes, challenges, tools developed, and findings garnered thus far from the research.
Creating Program Environments Inclusive of Youth with Different Abilities
Jutta Dotterweich (Cornell University)
Mission I
Professionals who work with youth in out-of-school settings may find themselves challenged by the needs of young people with different abilities. At times, young people are struggling to focus, concentrate, or calmly navigate social interactions during programming. For years, youth work practitioners have asked for training and program strategies to help them integrate young people living with social and emotional disabilities into youth programming and to understand young people's social challenges and the accommodations they may require. In this workshop, participants will explore guiding principles and innovative strategies to create structured and inclusive program settings.

Reproductive Justice in Indigenous Communities
Rebecca Jones (Planned Parenthood of the Rocky Mountains)
Crown Point
What happens to the land happens to our bodies. In this session, we will investigate the intersectional impact of violence on the land and how that violence affects bodies. Together we will be making a connection between land sovereignty and body sovereignty, which oftentimes is absent in reproductive rights and reproductive or feminist movements. Using an Indigenous Reproductive Justice lens, participants will brainstorm ways we can provide access to our indigenous communities and relatives within our organizations. We will discuss how important it is to build partnerships and collaborate with Indigenous organizations to create solidarity movement building.

LiFTing Up the Superpower: Using Family Connection to Build Sexual Health Communication
Meagan Niebler and Jodi Bernstein (Planned Parenthood of the Great Northwest and Hawaiian Islands)
Palm I
Teens state that parenting adults have the biggest influence on their decision-making. However, most programs only focus on the teen and ignore the superpower that strong parenting adult-child connection has on teens' health. Despite a desire for connection and communication, both parents and teens feel ill-equipped to engage in conversations about sexual health. During this interactive and experiential workshop, professionals will learn what a parenting adult-child connection framework is and why it’s important, and will walk away with skills and strategies that they can use to actively apply parenting adult-child connection to the work they are already doing.

Promoting Healthy Adolescent Relationships: Findings from the 2018 Kirby Summit
Amy Peterson and Pamela Anderson (ETR)
Mission II
This workshop will explore findings from the 2018 Kirby Summit on adolescent romantic relationships, an annual convening of researchers and practitioners in the field of adolescent health to engage in collective dialogue on current research, promising interventions, and the role of policy to promote the sexual health of young people. Workshop participants will engage in interactive conversations about the characteristics and benefits of adolescent romantic relationships, then consider how contextual factors influence relationship formation and quality. This workshop is for anyone interested in how research from the field of adolescent relationships can inform sexual health programs for youth.

Gaming the System: Developing Training Games for Professionals with Diverse Experiences
Alexandra Eisler (Healthy Teen Network) and Amelia Rubenstein (University of Maryland School of Social Work)
Mission III
The State of Maryland has a challenge: The State must train all social workers to recognize and respond to child victims of sex trafficking. This is a big undertaking and it’s tricky. Besides being required to train a lot of people, it is a complicated topic and social workers across the state have varying backgrounds, experience, and education. The University of Maryland and Healthy Teen Network developed an interactive training using a board game to create a training that is fun, engaging, and encourages participants to “dig deep.” Learn about the design and development process for this unique approach to this complex topic. [This workshop will cover some overlapping content with the Pre-Conference Workshop - Professional Gaming: Using Games in Professional Development.]

Remember to complete your conference evaluation for a chance to win prizes!
SESSION 5
WEDNESDAY, 9:00-10:30

Blurred Lines: Communicating the Importance of Consent and Checking In
Kysha Parker (Georgia Campaign for Adolescent Power and Potential (GCAPP))
Mission II
“I hate these blurred lines! I know you want it!” But the real question is, how do you know I want it? When communicating consent, some individuals state that there are blurred lines or “gray areas” regarding sexual acts. To prevent these gray areas, “checking up on it” is an important component to communicate consent effectively. In this interactive workshop, participants will practice and explore tips and strategies for communicating enthusiastic consent, checking in, and exploring sexual boundaries between partners. Join us by making consent real and sexy!

Understanding Trends in Adolescent Sexual Health: The Power of Data to Promote Resiliency
Jill Farris (University of Minnesota Healthy Youth Development - Prevention Research Center)
Mission II
Understanding current trends in adolescent sexual health is critical to providing inclusive, tailored, and relevant education to all young people. In this workshop, participants will review the most current statistics on the sexual health of adolescents, including pregnancy, birth, STI/HIV, sexual behavior, and health disparities. The workshop will focus on vulnerable populations, including youth that have experienced trauma, transgender and gender non-conforming youth, and youth in foster care. We will go beyond charts and graphs to deeply dive into the implications of these data as we strive to promote resiliency for all young people.

Meet Me Where I Am: Mentoring Youth to be Champions of their Own Health
Megan Falkenhan [ViiV Healthcare], Louie Ortiz-Fonseca [Advocates for Youth], and Jonathan Ford (Abounding Prosperity, Inc.)
Mission I
Designed for professionals working to promote youth health, this session will explore how mentorship helps youth take control of their choices, understand how choices impact health, and engage in independent, long-term healthy lifestyles. Panelists will discuss strategies for developing strong mentorship programming for youth (specifically youth living with HIV), learning about health, establishing key differentiators of “Health Mentors”, and demystifying challenges faced as mentorships evolve. Attendees will participate in breakout discussions to identify, share, and develop best practices for establishing and maintaining healthy mentorships, including mentor-matching, framing boundaries, mentor self-care, and the art of meeting youth where they are.
Add to Your Cart: A Well-Sewn Cape for Your Superhero Sex Educator
Emily Miller and Kristin Fairholm (EyesOpenIowa)
Palm II
You already know your staff are superheroes, but how do you equip them for continued success with your organization? What do educators need to thrive? What makes a well-trained and comfortable sex educator? What can you do as a supervisor or mentor to energize, support, and retain your most valuable team members? We will address all of these questions and more as we dive into this innovative and engaging workshop. Participants will gain skills in identifying and addressing burnout, advocating for development of essential skills needed for effective sex education, and thriving in an unstable climate.

A Statewide Approach to Developing and Empowering Young Leaders & Activists
Leen Bnyat (Providers and Teens Communicating for Health [PATCH] Program)
Crown Point
Wisconsin convened its first statewide youth leadership council in 2016 with the intention of bringing authentic youth voice to the forefront of statewide adolescent health conversations and efforts. Youth ages 12-21 from diverse parts of the state have been hired and trained to be advocates for themselves and peers. A robust curriculum provides youth the knowledge, confidence, and skills to lead initiatives, participate in decision-making, and create positive change. Participants will be exposed to the innovative youth engagement strategies that have made this effort such a great success and ideas for how to incorporate them into their existing efforts.

Improving Adolescent Health through Meaningful Teacher Engagement
Ellen Streit and Kathryn Rabuy (New York City Department of Health and Mental Hygiene, New York City Teens Connection)
Belmont
In this workshop, participants will learn ways to build teacher buy-in, anticipate and overcome obstacles, and ultimately support teachers in improving the health and well-being of their students. We will provide practical and modern (think smartphone!) tools and strategies to effectively and efficiently communicate and establish meaningful working relationships with teachers. Additionally, we will share techniques and lessons learned on motivating teachers to use evidence-based programs and creating successful linkages to clinical services. The foundational beliefs, skills, and strategies are applicable to anyone looking to gain the support and buy-in of youth-serving professionals.

What Matters to You(th)?: Opportunities for Youth-led Health Center Assessments
Azzia Thompson and Kaleigh Cornelison (Adolescent Health Initiative)
Palm I
Youth-driven assessments are a powerful approach for generating meaningful learning and feedback for health centers serving the adolescent population. The Adolescent Health Initiative (AHI) and its Teen Advisory Council co-created a youth-led health center assessment tool that serves as a mechanism to provide youth-driven feedback. The session will build on principles of youth engagement to explore methods for evaluating health centers. The presenter will then focus on ways that a health center can utilize AHI’s youth-led assessment facilitator’s guide and tool, allowing participants an opportunity to brainstorm strategies and actively plan how to facilitate the process at their own sites.

Unearthing the Reproductive Justice Stories of Young People
Ena Suseth Valladares and Jamie Saenz (California Latinas for Reproductive Justice [CLRJ])
Mission III
From the high visibility of shaming “teen pregnancy” prevention campaigns to the constant attacks against young people’s rights to access abortion services, we are constantly bombarded with harmful stereotypical messages about youth sexuality and their decision-making. Join California Latinas for Reproductive Justice [CLRJ] as we discuss our Justice for Young Families (J4YF) initiative and how young Latina/x leaders are using storytelling as a powerful tool to shift our perceptions of what it means to support young people’s bodily autonomy and self-determination, and discuss how we can uplift and promote the health, equity, and dignity of all young people!

Remember to complete your conference evaluation for a chance to win prizes!
Approaching Young People’s Sexual Health Through a Health Equity Framework
Amy Peterson (ETR)

Mission I

The Health Equity Framework recognizes that health is influenced by the complex interaction of our environment with our values, skills, and behaviors. This interactive workshop begins with an overview of this Framework and its conception. Participants will then engage in a persona mapping exercise to uncover how interrelated factors at the biological, individual, relationship, and institutional levels influence young people’s sexual health. Finally, participants will explore strategies for supporting health equity for youth through personal, programmatic, organizational, and policy actions.

Peer Health Advocacy Programming: For Youth by Youth
Tanitia Burks and Jessica Chapman (San Ysidro Health Center), Julia Africa Robles (Castle Park High School) and Bianca Alarcio (High Tech High School)

Palm I

This workshop will provide participants an example of a peer advocacy program and the process of the program’s implementation. Participants will get to hear both the professional perspective and the youth leader’s perspective on the challenges and successes of forming the program over the course of its first year. In addition, participants will have the opportunity to brainstorm and create plans for their own youth-led programs within the scope of their organization.

Clinic Field Trips as Part of Formal Sexual Health Education: A Win-Win for All Stakeholders
Deborah O’Uhuru and Maria Olivia Egremba (New York City Department of Health and Mental Hygiene, New York City Teens Connection)

Crown Point

Addressing the inequities in unintended teen pregnancy rates, the NYC Department of Health and Mental Hygiene established an extensive network connecting schools to teen-friendly clinics. The clinic field trip model, an integral feature of the school-clinic linkage, was established to serve as a low-cost supplement to adolescent sexual and reproductive health (ASRH) programs. This model narrowed the ASRH knowledge gap for youth participants, increased traffic for the clinic, and provided a powerful resource for the teachers. By the conclusion of this workshop, attendees will be able to implement the model in their own organization and will be able to identify solutions to challenges that may arise.
Creating a Seat at the Table; Authentically Engaging Youth
Shira Cahn-Lipman (Planned Parenthood League of Massachusetts)
Belmont
Youth voice is powerful. Young people are passionate, eloquent, dedicated, and thoughtful; when they speak up, the world takes notice. But there is a difference between lifting up the voice of young people and co-opting their voice. This workshop will help participants explore common pitfalls when working with young people and will help build skills to authentically engage with youth voice in education and non-profit work. Join us for this interactive workshop to learn how to effectively create an authentic space for young people in your work.

Implementing Families Talking Together through Promotores de Salud en South Texas
Becky Griesse (Power to Decide) and Adam Benzekri (Center for Latino Adolescent and Family Health)
Mariner Point
Despite historic declines in teen pregnancy, nearly one in three Latinas will get pregnant at least once by the age of 20. Identifying an evidence-based intervention that is resonant and relevant for Latino adolescents and their families is a priority. Families Talking Together (FTT), an evidence-based program developed for Latino families, involves working with parents to address early sexual activity. This workshop will highlight lessons learned from an evaluation of FTT implemented by community health workers/promotores in South Texas and explore potential ways to scale up effective interventions in communities of greatest need through the use of promotores.

Engaging and Retaining Young Fathers: What Works?
Christopher Robinson (Michigan Department of Health and Human Services), Travis Neller (Eaton Regional Education Service Agency), Tory Jackson (Saginaw Intermediate School District), and Cole Williams (ColesSpeaks, LLC)
Mission II
Serving adolescent fathers continues to be a priority, as we know an involved father can increase the likelihood of the child having positive outcomes. But, we continue to struggle to find what works. Most research is mother-specific and may not take into account differences of serving young fathers. In this session, the results of a 2018 focus group to study adolescent father recruitment and retention will be discussed. Participants will get a glimpse of what is working in Michigan's pregnant and parenting program and what young fathers are saying they want and need. An expert panel will provide interventions and strategies used to engage young fathers.

#MeToo and Fostering Activism
Lizzie Small and Liza Bley (Planned Parenthood of the Rocky Mountains)
Palm II
Young people have a lot of questions and a lot to say about the #MeToo movement. Educators need to be prepared to have confident conversations with young people that not only help them understand the nuance of rape culture but also empower them to change it and support survivors. It can be intimidating to talk to students about sexual violence or even say the word rape in a classroom. #MeToo pushes us to have these conversations. Disclosures about Weinstein to Perry to Ansari can be the fodder in the classroom to dig deep while still honoring trauma-informed care.

Designing with Youth: A Step-by-Step Workshop for Using Digital Focus Groups to Uncover Youth Insights
Nick Sufrinko and Milagros Garrido (Healthy Teen Network)
Mission III
Public health programming, and sex ed programming in particular, best serves youth and communities when it’s centered on their values, attitudes, and beliefs. Using human-centered design as a framework, you’ll learn how to design new programming and improve existing programming with (not for) youth through digital focus groups - a set of data-gathering techniques that combine the rich, qualitative research of traditional focus groups with the speed, agility, and diversity of the Internet. Along the way, you’ll explore multiple free and low-cost platforms to recruit, select, invite, and engage focus group participants in program and product design, from the inspiration and ideation stages to launch and implementation.

Remember to complete your conference evaluation for a chance to win prizes!
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FAQs

Registration Desk. The registration desk is located in the foyer outside the Bayview Ballroom. Please see page 8 for Registration Desk hours. Conference assistance is available at the registration desk while it is open. If you have a conference-related emergency during a time when no one is present at the registration desk, please contact the hotel’s front desk.

Workshop Participation. Workshop availability is limited to each meeting room’s capacity and will be on a first-come basis. Room monitors have been instructed to verify that all workshop participants have name badges. Your cooperation will help us prevent non-registered attendees from displacing you in workshops with full audiences. To avoid overcrowding, please make another selection if your first choice is seated to capacity.

Room Changes. Healthy Teen Network endeavors to keep room changes and workshop cancellations to a minimum. However, some changes may occur. Please pay close attention to any room changes that may be mentioned during each day’s announcements or on the conference slideshow running in the Bayview Ballroom. If a last minute change should occur, a notice will be posted near the Registration Desk and at the breakout session room.

Continuing Education Credits. There is a $70 charge for Continuing Education Units (CEUs), through the National Association for Social Workers, and Continuing Health Education Specialist credits (CHES), through the National Commission for Health Education Credentialing, Inc. Participants who wish to receive CEUs are responsible for filling in their CEU form with the code given at the end of each workshop they attend.

Member Survey & Conference Evaluations. Before receiving a registration packet, all attendees are asked to complete a Member Survey, so we may learn more about the programs/services you provide, and how we can better meet your needs. Participants are also requested to complete workshop evaluation forms, which will be collected at each workshop session by room monitors. Finally, please assist Healthy Teen Network in planning our 2019 conference and better serving you by completing the overall conference evaluation—either online at Conference.HealthyTeenNetwork.org/Evaluation/ or the paper copy provided in your conference bag. Thank you in advance; we greatly appreciate and value your input!

Hotel Assistance. If you have any questions or problems related to hotel services, please contact the appropriate hotel office using a house phone. Healthy Teen Network will not assume any responsibility for hotel policies or operations, but we will try to assist you in resolving any problems.

Name Badges. Name badges are required for any Healthy Teen Network-sponsored activity or event. Badges must be worn in order to gain entrance to exhibits, meals, all sessions, meetings, and the networking reception. You will be refused admission unless your badge is worn.
Meals. Your conference registration includes breakfast on Tuesday and Wednesday and lunch on Tuesday. Full-day Pre-Conference registrants are provided with breakfast and lunch on Monday. Vegetarian and vegan meals are available only to those who chose this option when registering. If you noted a food allergy when registering, please be advised that we have informed the hotel of your allergy, but you are responsible for giving your name to the wait staff during meals.

Photos & Video. Healthy Teen Network and AV staff will be photographing and recording conference activities for use in Healthy Teen Network communications materials. If you do not wish to have your photo included in any materials, print or online, please request an orange sticker from the registration desk to place on your name badge, and be sure that your badge is visible during all conference activities. There will still be a chance that you will be photographed as part of a group, but we will not include your image in any print or online materials. If you wish to record any portion of a workshop or roundtable session, please obtain the permission of the presenter before recording.

Parent’s Room. The Point Loma room is available for parents who may need a quiet place during the conference. We want you to do what you need to do for your baby anywhere you want to do it, but we also want to give you options, so you can choose what’s best for you.

Coffee, Anyone?

Wednesday, 10/24, 8:00 — 9:00 AM • Bayview Ballroom

Healthy Teen Network is offering group technical assistance sessions, designed to lend our experience and expertise to support your work. These sessions are intended to be informal and will include time for questions and individualized assistance. Grab your breakfast and look for reserved tables by department in the Bayview Ballroom, Wednesday 8-9 AM. Space is offered on a first-come, first-served basis.

How About Drinks?

Monday, 10/22, 6:00 — 7:30 PM • Banyan Court & Lawn

Mix, mingle, and enjoy light refreshments!
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